

Baja & Mexico Motorcycle Tour Checklist

Welcome Riders!

At Rocky Mountain Motorcycle Adventures (RMMA), we understand that every motorcycle journey is unique. Whether you're planning a weekend ride through the Rockies or an extended adventure into remote backcountry destinations, your gear and preparation needs will vary.

This motorcycle trip checklist is designed to help adventure riders prepare for the road ahead. While not every item will be necessary for every trip, we hope this guide serves as a valuable resource as you plan your next adventure. Use it as a foundation and customize it to fit your destination, riding style, and personal preferences.

If you have any questions about trip preparation, gear selection, or adventure riding, we're here to help.

Contact us anytime at RMMA and ride on!

— The Rocky Mountain Motorcycle Adventures Team

Water Source / Hydration Pack – Best way to stay hydrated riding; also carries passports, cash, and cards.

First Aid Kit – Size varies by need; alcohol wipes double as surface prep for epoxy repairs.

Painkillers & Remedies – For altitude sickness, stomach bugs, and other trip disruptors.

Prescription Medications – Stock up before leaving if you need them at home.

Spare Ignition Key – Attach to a Velcro watch band so it stays on your wrist.

Medical Insurance Plan – Confirm it covers international and motorcycle travel.

Medevac/Air Ambulance Insurance – A Global Rescue policy can save \$100,000+ in flight costs.

Emergency Contact Info – Keep accessible for authorities or paramedics.

Backup Snacks & Water – Nuts or dried fruit last long and stave off hunger if stranded.

Passport – Some countries require 6+ months validity.

Passport Copies – Backup for lost passports or certain border crossings.

Visas – Research ahead; confirm if available at the border.

International Driver's License – Must include motorcycle endorsement; get one via AAA.

Backup Credit Cards – Record "lost card" numbers separately.

Earplugs & Backups – Helmets can exceed 90 decibels—protect your hearing.

Regular Camera – Sub-\$400 point-and-shoots take great photos; pack chargers/memory.

Helmet Camera – Popular for good reason—don't skip it.

Memory Sticks & Cards – Include a USB for public computer use.

Sunscreen – Wind and riding mask sunburn risk.

Baby Wipes – Great for hygiene and cleaning hands after mechanical work.

Camper's Headlamp – Hands-free light for nighttime mechanical issues.

Maps – Buy paper maps at home; hard to find abroad.

GPS Locator & Service Plan – For emergency updates and alerts. We suggest Garmin's InReach devices.

Motorcycle Documents & Insurance – Carry all supporting docs and spare copies.

Motorcycle & Equipment Setup

GPS – For navigation and tracking your route. (Recommended: Garmin XT, Tread Series)

Engine Guards/Protection – Pays for itself after your first drop.

Engine Case Covers – Protects exposed engine/transmission cases; cheap insurance.

Headlight Guards – One rock can destroy a headlight—guard it.

Exhaust Protection – Vulnerable to crashes and debris; costly to replace.

Skid Plate – Protects frame/engine from rocks; essential off-road.

Radiator & Oil Cooler Protection – Cooling fins are fragile against rocks and bugs.

Kickstand Foot Print – Prevents sinking in sand or soft dirt.

Riding Gear

Helmet – Prioritize function and comfort over style.

Goggles – Backup if your helmet shield gets damaged.

Sunglasses – UV-protective and helmet-compatible.

Neck Warmer – A lighter alternative to a full balaclava.

Neck Brace – Used by pros to help prevent injury.

Body Armor – Swap in for jacket padding for better cooling and protection.

Riding Jacket – Prioritize waterproofing, build quality, and comfort.

Riding Pants – Waterproof and durable enough to survive a slide.

Motorcycle Gloves – True waterproofing needs a wrist seal with your jacket.

Backup Gloves – Pack a second pair for opposite weather conditions.

Base Layers – Synthetic or wool for cold-weather riding.

Riding Socks – Long and moisture-wicking to prevent chafing.

Motorcycle Boots – Look for taller, rigid, truly protective options. (Recommended: Alpinestars Tech 7 & 10) or (Leatt 4.5 - 6.5)

Backup Boot Hardware/Parts – Straps and screws can break.

Waterproof Socks – A dry backup if your boots aren't waterproof.

Stuff Sacks – Organize gear efficiently with minimal added bulk.

Luggage & Security

1 Large Duffel Bag – For transporting riding gear during flights/trains.

1 Large Waterproof Duffel Bag – Holds everything else; line with the empty duffel for padding.

4 Tie Down Straps – Two for luggage, two as backup for hauling the bike.

Cable Lock & Spare Key – Extra security for bags or the bike itself.

Disc Brake Lock & Spare Key – Optional, depending on your security needs.

Tools & Hard Gear

Fuel Transfer Hose – A short hose helps siphon fuel when needed.

Electrical Chargers – Customize based on your devices.

Engine Oil – Most bikes burn a little over time.

Transmission/Gearbox Oil – If it differs from engine oil.

Chain Lube – For chains, or as a dry-tire mounting aid.

Master Link – Spare for chain-driven bikes.

Spare Spark Plugs – Some bikes need up to 4.

Spare Oil Filter – Useful if unavailable at your destination.

Spare Air Filter – Essential after a bad river crossing.

Plastic Zip Ties – Endlessly useful for quick fixes.

Electrical Tape – Doubles as insulation or padding.

Duct Tape – Pack a thin, flat portion to save space.

Tool Kit – Check owner forums for bike-specific recommendations.

Tire Repair Kit – Confirm tube-type vs. tubeless first.

Tire Pump – Small electric pumps are most reliable.

Tire Gauge – Don't rely on gas station gauges.

Valve Stem Removal Tool – For faulty valve stems.

Spare Tire Stems & Caps – Dust and dirt cause leaks over time.

Wheel Removal Tools – Confirm you can remove axles if needed.

Tire Bead Breaker – Crucial for tube-type wheels roadside.

Tire Irons – Mainly for tubed wheels.

Spare Wire – For circuitry repairs or securing gear.

Spare Fuses – Less critical on CAN-BUS systems, but check your bike.

Spare Parts – Research problem parts for your model in advance.

Spare Levers – Clutch, brake, and shift levers are crash-vulnerable.

Quick Steel or Aluminum Epoxy – J-B Weld, MSR, or Permatex for emergency repairs.

High-Temp Gasket Compound – For metal engine repairs.

Fuel Tank Repair Epoxy – For metal or plastic tank damage.

General Multi-tool – A Leatherman-style tool is invaluable.

Electrical Multimeter – Useful but optional if space allows.

Basic Maintenance & Owner's Manual – Bring what helps you self-repair.